

Meals on Wheels

MINISTRY PARTNER & SERVICE OPPORTUNITIES

Meals on Wheels prepares and delivers hot, nutritious meals to individuals who are physically challenged or unable to prepare their own food, helping them live independently in our local community.

PROGRAM MISSION & REACH

Independence and nutrition go hand-in-hand. Meals on Wheels bridges a critical gap for vulnerable neighbors by providing consistent, healthy midday options. The service specifically anchors its care infrastructure within the **Mounds View area**, assisting individuals who wish to stay safely and comfortably in their own homes.

INCARNATION WEEKLY DELIVERY TEAM

Friday Deployment Framework

Incarnation coordinates a dedicated, recurring volunteer team that handles all regional route distributions on **Fridays**.

Volunteers meet to pick up pre-prepared food boxes, manage their specific community residential route drops, and extend vital connection and fellowship to those receiving delivery check-ins.

HOW TO GET INVOLVED

Whether you want to drive a route regularly, fill in as an on-call alternate driver, or help manage logistics, our team welcomes your support.

Contact & Inquiries:

- **Ministry Coordinator:** Email Marilyn Army to sign up for upcoming Friday delivery blocks or ask route logistics questions.
- **Telephone Assistance:** For comprehensive intake queries or immediate operational alignment, call the local program office at **651-621-7920**.