



Family Guide for the Week of April 25



THE BIG IDEA

We are stronger with Jesus.

THE BIBLE

Jesus Goes Up to Heaven: Matthew 28:18-20; Acts 1:3-11;
(Acts 4:5-12)

What are we talking about today?

We have learned that Jesus overcame death, Jesus connects us to each other, and Jesus gives encouragement. Today, we are going to talk about the thing God gives us to help us with what is next!

QUESTION | What is something you have not been strong enough to do?

VIDEO | Rise Up, Episode 4

INSTRUCTIONS: Play this week's video.

SPARK Story Bible page, 498

SCRIPTURE | Matthew 28:19-20; Acts 1:3-11

You might say,

INSTRUCTIONS: Read Matthew 28:19-20 and Acts 1:3-11. Go over what these passages mean with the kids.

- What tells us to go and do what? That is right! Make disciples!
- What is a disciple? A disciple is a follower or a student. In this case, we are talking about a follower and student of Jesus!
- So, how do you make a disciple?
- That means a disciple is not afraid to let everyone know that they are choosing to follow Jesus in their life.
- That is not all that goes into disciple making, though. The passage also tells us to teach.
- What does it mean to teach something? To teach means you tell someone something they do not already know.



- Do any of you feel like you are ready to go make disciples out of other people?
- In today's Bible passage, Jesus says that we will get the power to do that. Do you remember what (or who) will help us make disciples?
- Even though Jesus went back up to heaven, he promised to send a Helper who will be with us to do what God wants us to do. That Helper is the Holy Spirit. The Holy Spirit gives us the power and strength to tell others about Jesus.
- We might not be able to see Jesus right now, but Jesus promised us that he would always be with us wherever we go.

ACTIVITY | **Strength for the Adventure**

INSTRUCTIONS: *Have each member of the family hold their arms straight out to their side for as long as they can. Have them put their arms down when they get tired. When others with their arms still up start getting tired, have others help by holding up the arms for them. Continue until the last one holding out their arms alone getting tired.*

- Notice how you all were doing the same activity. But one person lasted longer than the other person.
- Why was that?
- Jesus promised to always be there to help us be strong when we are feeling weak.
- **We are stronger with Jesus.**

ACTIVITY | **Create-A-Mountain**

Supplies needed: Various size marshmallows and toothpicks.

INSTRUCTIONS: *Have fun as a family making a mountain using marshmallows of various sizes on paper plates. As you make your mountain, ask:*

- What do you need Jesus to give you strength to do this week?
- What is something you did not think you could do before, but now you can trust Jesus to give you strength to do?

PRAYER

Dear Jesus, give us strength to do what you have asked us to do in our lives, especially when things are difficult. Remind us that you are always with us and we are stronger that we know because of that. We love you! Amen.

BLESSINGS

Make the sign of the cross on each family members forehead and say, "You are stronger with Jesus!"

THE BIG IDEA: We are stronger with Jesus.

THE BIBLE: Jesus Goes Up to Heaven:
Matthew 28:18-20; Acts 1:3-11

