



THE BIG IDEA

Hope is Patient.

THE BIBLE

John Tells People about Jesus: Isaiah 40:: 1 - 11; Mark 1: 1 - 8

WHAT? *What are we talking about today?*

VIDEO | Simply Hope, Episode 2

INSTRUCTIONS: *Play this week's video found in the weekly parent email*

DISCUSSION

- What impacted you in the video?
- What change would you like to see in our world today?
- Why does Jesus care about us?
- How can we partner with Jesus and show love to others?

STORY | Prepped!

INSTRUCTIONS: *Ask if anyone in the family has a story to share about a time, they hoped something could change. Make sure it is short and fun.*

- As a family, talk about changes that you have waited for.
- Did the change happen in a way you expected?
- Did you learn about being patient as you waited?

POLL | I Wish I Could Change . . .

INSTRUCTIONS: *As a family, have each family member raise their hands if they would love to change any of the things mentioned below.*

- Your height?
- The taste of Brussels sprouts?
- How long it takes to do homework?
- How many friends you have?
- Your job?
- Where you live?
- Can you think of other things to ask?

ACTIVITY | Switch it Up!

Supplies needed: Large open space



INSTRUCTIONS: Choose someone to be the leader. *Start a simple relay race across the room. But the leader has the power to change the way everyone can run! (crab walk, run backward, run slowly, etc.) This race isn't about winning, but about the challenge of switching the moves to complete the race.*

Discussion:

- **How did it feel to have to "switch it up" over and over?** Sometimes, we can get comfortable with the way things are for us. But let's remember to be open to change, especially when the changes are to help make things better!

REFLECTION | How to Change the World

INSTRUCTIONS: Show the video, [How to Change the World](#) (stop at 2:40). After the video, ask your family the following questions . . .

- Kid President reminds us the world is changed by "young people living out big love!"
- Which option that Kid President shared to change the world is easiest?
- Does that mean it is the best option?
- If changing the world starts with you, do you think it happens right away? Why or why not?

As a family, talk about how there are many things that we can do to make good changes in our community. They will take time, but we can't give up just because we don't see the changes we want right away. Our world is not perfect, and many people might be feeling hopeless sometimes, but wait and see, when we're more like Jesus, our Savior, that will change everything. HOPE IS PATIENT.

PRAYER

- Dear God, your faithfulness helps us look forward to waiting. You help us to patiently expect big changes. Thank You for sending Jesus to change everything! Help us to continue to be more like Jesus to make change in this world. Amen.

BLESSING

Make the sign of the cross each family members forehead and say, "Jesus came for you and loves you."

