

## Adult Clothing Protector Directions

**Required supplies:** 1 yd 45" fabric (will make front, back & ties), thread. Consider using fabric that is appropriate for men, women or either. Fabric should not be terrycloth. Cotton or cotton blend with interesting prints or solid is better. Maintaining a sense of dignity for the user is an important consideration.

### **Directions:**

- 1) Cut 1 - front, 1 - back & 2 ties
- 2) Make the tie
  - For each tie, fold right sides together lengthwise. Sew  $\frac{1}{4}$ " seam along the long side and one of the short sides. Trim corners. Turn right side out.
- 3) Baste the ties into position
  - Place front of apron with right side of fabric facing up. Baste ties into position between dots on shoulders (shown on pattern), with raw edges even. Let ties hang down the front of apron. You may want to pin them onto the apron to avoid accidentally catching them when sewing the outside seam.
- 4) Sew the front and back together
  - Pin front and back together with right sides facing each other. Ties will be between them. Sew  $\frac{3}{8}$ " seam around outside edges, leaving a 4" opening at bottom center. Trim corners and neck edge.
- 5) Turn right side out
  - Reach in through 4" opening at bottom and pull each of the ties to turn apron right side out. Press edges.
- 6) Topstitch  $\frac{1}{4}$ " around the outside.



Questions? Contact Deb Rykken at [deb.rykken@gmail.com](mailto:deb.rykken@gmail.com). Thanks for sharing your gifts!