



# Week of September 27 Family Activity Guide



## THE BIG IDEA

We obey God by putting God first.

## THIS WEEKS BIBLE STORY

The First and Second Commandments:

Exodus 20:1-6; Psalm 19:7-10

Families pick an activity or more than one that best fits your family and the ages of your children. You don't need to do them all. Save some for a rainy day – or a “I'm bored” day!

### *Bible Story*

#### Read Exodus 20:3-4 together or watch Video

In this story, God is speaking to Moses, who was up on the peak of Mount Sinai — he liked mountains, too! — to hear from God about the ways God wanted the people to live. Today, we are going to look at the first two rules (Commandments).

- The first commandment God gave Moses was to not have other gods before the one, true God, or in other words, to always put God first.
- The second was similar: Don't worship idols. Idols are things people pay more attention to than they pay attention to God.

The Ten Commandments help us live the life God wants us to live. If we believe in God, we should always put God first. That means that no one and nothing should be more important to us than God.

#### Discussion | How Do We Put People First?

- The first Big Idea is: **We obey God by putting God first.** Let's unpack that. What does it mean to put God first?
  - **How do we put people first in our lives?**
  - **How does someone know if they are the most important person in your life?**
  - **What kinds of things show them that it's true?**
  - **What would it mean for God to be first in someone's life?**

Putting God first is a choice. There are so many things — even important things! — that need our attention, and it can be hard to understand what putting God first means. But we can work on this together!

- Discuss as a family what are things that you put before God? (ipads, iphones, friends, family, activities)
- As a family, discuss what are somethings you can do to make sure you put God first. (schedule time each week to spend time together and God, what else?)
- God doesn't want us to love anyone or anything more than God. There's the challenge.



## NEW TESTAMENT

### **Read: Philippians 3: 7 – 9**

Paul one of Jesus' followers, is telling the people who live in Philippi, called Philippians, that nothing is more important to him than his relationship with Jesus. He mentions in verse nine that this isn't because of the "law" or rules, but because of his faith in God.

**Is your relationship with Jesus more important to you than anything else?** It's okay if you're not sure of your answer. That's why we're on this road trip – so we can know God more!

## Activities

### **Point to God**

**Supplies needed:** Paper, crayons, tape or glue

- **INSTRUCTIONS:** Trace one of your hands on a piece of paper, then, cut it out (some assistance may be needed here). On the index finger, help write, "God." On the remaining fingers, help write four other things that are very important to your child(ren). Afterward, fold down each finger toward the center, but not the index finger, with the thumb going last, and glue or tape them down.
- This finger that's left is the one we often use to indicate the number one or point to things. Just like how God should always be our number one, and our actions should always point to God because **we obey God by putting God first.**

### **"You Have Time" Challenge**

- When people or things are important to us, we give them our time and attention. God wants to be first in our lives and in order to do that, we must give God our time, too.
  - **INSTRUCTIONS:** Encourage the kids to complete a series of challenges within a certain amount of time. Challenges can include "Minute to Win It"-type games,
- Younger kids challenges -such as stacking wooden or square blocks, moving small craft pom-poms from one cup to another, putting a puzzle together, **CLEANING THEIR ROOM** (Do not time as they do the activity)
- Older kids' challenges - Have kids try to keep a balloon up in the air for one minute without touching the ground, See if kids can get an Oreo from their forehead all the way down their face and into their mouths using only their facial muscles.
- We completed a lot in those one-minute challenges! That's a good reminder that no matter how busy we are, we can always set aside time to make God first in our lives, even when we don't have much time. Why? Because **we obey God by putting God first.**

### **MEMORY VERSE | Red Light, Green Light**

- This month's memory verse is Luke 10:27. Let's say it a few times together.
- **INSTRUCTIONS:** Stand at one end of the room with a green circle and a red circle. When you put up the green circle, kids must walk as fast as they can toward you. When you put up the red circle, they have to freeze on the spot and recite the memory verse together. Anyone who moves must go back to the starting position. Repeat until everyone makes it to the finish line where you're standing.

### **PRAYER & BLESSING**

- Dear God, Your love inspires us to love You and choose You over everything else. When we want to choose another way, remind us to stay with You. Help us to make wise choices with our time, our money, our friends, and our words.

Bless each member of your household by marking them with the sign of the cross on their forehead and say, "You are loved by God."