

# **SPARK Lenten Devotion:**

## **March 20**



### **Bible Story: The Lord is my Shepherd**

This week in our Wednesday worship services we are focusing on the petition, "Give us today our daily bread." The Psalm we will be reading is Psalm 23. As a family read this Psalm together, you can find it on pages 160-163 in the SPARK Storybook Bible. In this story David is reminded of how God is like a good shepherd who cares for his sheep, providing safe places for them to eat, drink water, and rest. After you read the story consider these questions:

**What makes God like a good shepherd?**

**Can you tell a story of a time when God protected you?**

**What are some of the things that God has given you that you are thankful for?**

**This week we are using the gift bow to remind us of all the good gifts that we receive from God. Much like how a shepherd gifts their sheep with good food, clean water, restful places to sleep and protection from predators, God gives us gifts each and every day. Some gifts we can touch and receive other gifts help us to live lives that can be used to serve others. Make a list of the things your family is thankful for.**

**Write or draw a picture of that thing on strips of paper. Then each day cut out the strips of paper, and make a paper chain linking all of your prayers of thanksgiving together. See how long you can make your paper chain! Can you make it stretch all the way across your dinner table?**

**After you come up with your list, take turns thanking God out loud for those things, as you pass the gift bow around from family member to family member.**

You can begin your prayer saying:  
"God we thank you for \_\_\_\_\_."

Or you can say:  
"Good Shepherd, thank you for \_\_\_\_\_."



Incarnation Lutheran Church