



INCARNATION LUTHERAN CHURCH

February 3, 2019. Welcome to Incarnation! You are invited to be a part of any ministry opportunity. All events will be held at Incarnation unless otherwise noted. For more complete information about these listings, visit incarnationmn.org and use the search function on the homepage. The website contains information on additional ministry offerings. You can also contact the Incarnation Office at 651-484-7213. If you are a guest who would like your child to experience SPARK Sunday School, visit the Children's Resource Center.

Worship & Prayer

Prayer Concerns: Carol Swanson; Harold Torunsky; Dave Guenzel; Kyle Durbin; Maija Olson; Bill Fitzsimmons' brother; Barb Bailey's brother; Ann Fankhanel's sister; Judy Nelson's friends, Marilyn and Sharon; Kara Griffith's friends, Al and Brenda; Lisa Alben's friend, Andrew; the work of the Call Committee.

Sympathy To

Sharon Wilson and family on the death of her brother-in-law.

Prayer Leader in the Chapel Today

A Prayer Leader will be available in the Chapel today from 9:45 - 11:15 a.m. They are available to pray with you, for you, or for any concerns you may bring on behalf of others. All prayers remain confidential.

Centering Prayer

Step out of the chaotic pace of life and refill your spirit by beginning your day with quiet guided prayer in the Chapel. No experience necessary. Come when you can. When: Tuesdays, 7:30 - 8:00 a.m.

Healing Service

This worship service is a time to pray, hear messages of comfort and hope, light a prayer candle and receive a blessing for yourself or for someone else in need of healing. For those who wish, there will be an opportunity to be anointed with oil and prayed for individually. The Healing Service is open to the entire community. Invite your friends, family, neighbors and others you know who long for healing. More information is available at the Information Center and in the Gathering Space. Registrations aren't required and there is no cost. When: Thursday, February, 21, 7:00 p.m.

Connect & Grow

Kairos This Week

"The Transformative Power of Stories"

We generally think of stories as entertainment, but stories can do so much more. They encourage us, inspire us, and, in many ways, help us become the people we would like to be. *Kairos* presenter and award winning author, **William Kent Krueger** will tell his own stories and encourage listeners to create stories of their own. When: Today at 8:45 a.m. and 10:05 a.m. in the Fireside Room.

February Men's History Book Group

This group will meet in Bethany Lounge to discuss the book, *The Zimmermann Telegram* by Barbara Tuchman. This book documents how Germany, Japan and Mexico conspired to prevent the entry of the United States in WWI and reads like a spy novel. When: Tuesday, February 5 and 19, 9 - 10:00 a.m.

Incarnation Lutheran Church www.incarnationmn.org 651-484-7213 4880 Hodgson Rd, Shoreview MN 55126

Kairos Next Week

"Opioids: Pain Medications and Drugs of Abuse - the NIH Response to H.E.A.L. the Epidemic"

With the tragic escalation in opioid-related fatalities, concerns have arisen over the use of prescription opioids, even when necessary and appropriate for pain relief. **Professor Carolyn Fairbanks**, University of Minnesota, will explain the distinct neurobiological bases for opioid relief of pain, development of addiction, and fatal overdose, sharing how the National Institute's of Health's H.E.A.L. initiative addresses the Opioid Epidemic. When: February 10 at 8:45 a.m. and 10:05 a.m. in the Fireside Room.

Women Read: *Under a Flaming Sky*

Women Read is a monthly opportunity for women who enjoy discussing a wide variety of books. For February, participants will discuss the book *Under a Flaming Sky: The Great Hinckley Firestorm of 1894* by Daniel Brown. All are welcome and there is no need to register. When: Wednesday, February 20, 1 - 2:30 p.m.

Reading Richard Rohr Small Groups

Read and talk about Richard Rohr's book, *The Naked Now*, while connecting with others in a small group setting. This book explores how to be present to each moment and to God, by drawing on the Christian contemplative traditions, the Gospels and Paul. Leader: Anne Cremons. Suggested contribution: \$10. Register: dfloe@incarnationmn.org. When: Once/week on Thursday from 9:15 - 10:45 a.m. OR Tuesday from 5:30 - 7:00 p.m., March - April.

Children, Youth & Family

Camp Sunday - Today

Children, Youth and Family staff are busy planning summer camp opportunities for everyone! Stop by the information table in the Atrium and the Gathering Space after all morning worship services today to find out more about the summer camp opportunities available this year. Fundraising information will also be available. When: Today, after all morning worship services.

Family Dance - Registration Deadline is Tomorrow

You're invited to the Family Dance! DJ Mike will provide a fun evening of dance music. Come as you are or dress in your finest. Treats and lemonade will be provided. Sign-up in the Incarnation Office by tomorrow, February 4. After this date you will be placed on a waiting list. There is no cost for this event, but please bring any of the following items to donate to Jack's Basket: burp cloths, knit booties, newborns toys/rattles, hats, small board books and newborn pacifiers. When: Friday, February 8, 5:30 - 7:30 p.m.

Ministry Opportunities, cont.

HSM First Thursday

Youth 9th - 12th grade, stop by the Caribou Coffee in North Oaks for breakfast and a brief devotional on the first Thursday of each month. Students are responsible for purchasing their own food and beverages.

When: Thursday, February 7, 7 - 8:00 a.m.

"Wall O' Money" Fundraiser

People will be selling envelopes off the "Wall O' Money" in the Atrium and the Gathering Space February 10, February 17 and February 24 to raise money for summer camps and mission trips. How it works: Choose an envelope ranging from 1 to 150, place the dollar amount equal to the number on the outside of the envelope inside, and return the envelope to the table in the Atrium, the Gathering Space, or the Incarnation Office by Monday, March 4.

When: February 10, 17, and 24.

Youth and Family Mission Trip to Haiti

This trip is for individuals 15 years or older, families, or parent/child (minimum age is 13). Deliver clean water to the people of Cite Solei, care for the elderly, learn about what FMSC is doing in Haiti, and visit orphanages. Cost: \$2,250, \$200 non-refundable, non-transferable deposit due at the time of registration. Registration deadline: March 15. Registration materials and more information can be found in the Incarnation Office.

When: June 24 - July 1.

Volunteer

Most Needed Items for Ralph Reeder Food Shelf

If you are someone who regularly donates to the Ralph Reeder Food Shelf, consider purchasing the following items in February: peanut butter, grape jelly, stew, chili, vegetable oil, Hamburger/Tuna Helper, 100% juice, canned tuna, laundry detergent and toilet paper.

When: During February.

Feed My Starving Children (FMSC) Monthly Packing Group in February

Join the Incarnation monthly packing group to assemble meals at Feed My Starving Children in Coon Rapids. Make your reservation by following the links at <https://incarnationmn.org/fmsc>. Children five and older are invited to pack with appropriate supervision detailed on the FMSC page of Incarnation's website.

When: Tuesday, February 5, 6 - 7:30 p.m.

Donations welcomed for the Incarnation Preschool Silent Auction and Carnival

If you would like to donate items personally or as a promotion for your business, contact Kirsten Barie, Preschool Director at 651-766-0723 or kbarie@incarnationmn.org. Hand crafted items, event tickets, gift certificates, etc. are welcomed. The event will be held on February 24 in Grace Hall. The Silent Auction runs from 9:00 a.m. - 2:00 p.m. and the Carnival from 1 - 3:00 p.m.

When: Donations will be accepted now - February 15.

Knitting for Others

Create a simple prayer square to be used at a Healing Service at Incarnation. Kits with yarn, instructions and a pattern are available in the Incarnation Office.

When: Return the squares to the Incarnation Office by February 18.

Lenten Soup Suppers Volunteers Needed

Incarnation is looking for volunteers to help with Soup Suppers for Ash Wednesday (both noon and evening meal) and for the rest of Lent (evening meal only). Visit the Incarnation website for more information. Please contact Amy Martell at amartell@incarnationmn.org for questions. When: Ash Wednesday (March 6), and Wednesdays during Lent.

PowerPoint/Video Operator for 6:00 p.m. Worship

Assist with the 6:00 p.m. worship service as a PowerPoint/video projection volunteer. Advance slides during worship and support the worship experience with other related activities. Training is available and volunteers will serve on a rotating basis. For a ministry description or to volunteer, contact Steve Dorr at sdorr@incarnationmn.org.

When: Sundays during the 6:00 p.m. worship.

Generosity

Thrivent Action Teams - A Great Way to Fund Your Service Idea

Thrivent Financial members are eligible to lead a Thrivent Action Team and apply for seed money of \$250. Thrivent Action Teams encourage a sense of generosity and service utilizing a small group of people who come together for the benefit of others. Learn more about how you can fuel an Incarnation ministry you're passionate about with an action team by going to <https://incarnationmn.org/financial-stewardship/>.

Income & Expense Report as of December 2018

GENERAL FUND			
	Actual YTD	Budgeted YTD	Difference
Gifts Received	\$1,897,262	\$2,007,000	(\$110,262)
Total Expenses	\$1,968,376	\$2,007,000	(\$38,624)
YTD Loss	(\$71,115)	(\$ -)	(\$71,115)

CAPITAL CAMPAIGN

Beginning of the Month Balance	\$213,211
Net Income for Month	\$118,093
Total Expenses	(\$42,893)
Monthly Ending Balance	\$288,410

Congregational Business

Weather Policy

Incarnation has adopted a new Weather Policy that will close the building and cancel activities should either the Mounds View School District close due to weather concerns or the Incarnation staff feels that conditions are too dangerous for the building to be open or for programming to occur. Should the building be closed or activities canceled you will receive an email, there will be an update on the Incarnation website, a notice will be posted on Facebook, there will be a message posted on the electronic front sign, and groups leaders may contact you as they are able. If in doubt, you may always call the Incarnation Office to confirm if the building is still open. The on call pastoral line will still be available in case of emergencies and the on call pastor will check the voice mail every few hours between 9:00 a.m. - 9:00 p.m. and return your call as soon as possible. Thank you for your understanding and for helping Incarnation to be a caring and responsible community.