

Ministry Opportunities: January 6, 2019. Welcome to Incarnation! You are invited to be a part of any ministry opportunity. All events will be held at Incarnation unless otherwise noted. For more complete information about these listings, visit incarnationmn.org and use the search function on the homepage. The website contains information on additional ministry offerings. You can also contact the Incarnation Office at 651-484-7213. If you are a guest who would like your child to experience SPARK Sunday School, visit the Children's Resource Center.

Worship & Prayer

Prayer Concerns: Carol Hawkins; Joy Alizadeh; Barb Bailey's brother; Bill Fitzsimmons' brother; Tom Suggs' sister; Ann Fankhanel's sister; Pat Fitzsimmons' friend, Dick; Stacey Swanson's friend, Carol; Kim Wielenberg's friend, Linda; the work of the Call Committee.

Sympathy to: Dennis Paulson and family on the death of his mother; the family of Marty Overby on his death; Barb Fischer and family on the death of her father.

Adding a Name to the Prayer Concerns List

If you would like to add a name to the public or private prayer concerns list, contact the Incarnation Office. In order to protect the person's right to privacy, you must have the person's permission before adding them to the list. They remain on the list for three weeks and may be relisted.

Prayer Leader in the Chapel Today

A Prayer Leader will be available in the Chapel today from 9:45 - 11:15 a.m. They are available to pray with you, for you, or for any concerns you may bring on behalf of others. All prayers remain confidential.

Connect & Grow

Kairos Resumes On January 6 & 13

"Fresh Perspectives on Ancient Truths"

Many people of faith struggle with what it means to be Christian and how to understand faith. Theologians known as "progressives" (not political in this case!) have sought to find new ways to grasp the essentials of faith. The Rev. Gary Anderson will explore some of the viewpoints of Marcus Borg, Rob Bell, Brian McClaren, and Richard Rohr. Some of your deepest questions may be answered! When: January 6 and 13 at 8:45 and 10:05 a.m. in the Fireside Room.

Women's Faith and Fitness in 2019

Led by fitness instructor Shannon Rainey, this workout is a great way for people of all ages and abilities to improve strength and balance while connecting with others. Register in the Incarnation Office. Cost \$120 for eight sessions or \$20 for drop ins.

When: Fridays, January 4 - February 22, Devotions at 8:15 a.m. Class at 8:30 a.m. - 9:45 a.m.

Men's Faith and Fitness in 2019

Led by fitness instructor Shannon Rainey, this workout is a great way for people of all ages and abilities to improve strength and balance while connecting with others. Register in the Incarnation Office. Cost \$120 for eight sessions or \$20 for drop ins.

When: Fridays, January 4 - February 22, Devotions at 9:30 a.m. Class at 9:45 a.m. - 11:00 a.m.

Whisper Chair Yoga - Join the New Session!

Working with the support of a chair, learn how to become quiet in body and mind to hear God's whisper and get stronger for your everyday life. An easy entry to yoga, this class is offered by Incarnation member Tina Zerrath. Cost: \$48 for eight sessions. Sign up in the Incarnation Office. When: January 7 - February 25, 11:15 a.m. - 12:15 p.m.

Whisper Mat Yoga - Join the New Session!

Bring a yoga mat and water bottle and join the fun, devotion and relaxation with leader and Incarnation member, Tina Zerrath. You'll build your balance, strength and flexibility regardless of your experience level. Sign up in the Incarnation Office. Cost: \$56 for eight sessions. When: January 7 - February 25, 12:45 - 2:00 p.m.

January History Book

The Men's History Book Group will be meeting in Bethany Lounge to discuss the book, *The Kelloggs: The Battling Brothers of Battle Creek* by Howard Markel. This is the story of two men who helped change the course of American medicine, nutrition, wellness and diet. All those interested in this subject are welcome to join the discussion.

When: Tuesday, January 15 and 29.

Looking Ahead: Reading Richard Rohr Small Groups

Read and talk about Richard Rohr's book, *The Naked Now*, while connecting with others in a small group setting. This book explores how to be present to each moment and to God, by drawing on the Christian contemplative traditions, the Gospels and Paul. Leader: Anne Cremons. Suggested contribution: \$10. Register: dfloe@incarnationmn.org.

When: Once/week on Thursdays, 9:15 - 10:45 a.m. OR Tuesdays, 5:30 - 7:00 p.m., March - April.

Children, Youth & Family

HSM Youth Group

Wednesdays during the school year 9th - 12th grade students gather in the Youth Room for a time of fellowship, games, worship, Bible Study and prayer. This is a great way to stay connected to Incarnation after Confirmation, meet new people, ask questions and grow in your faith.

When: January 9, 7 - 8:30 p.m.

Preschool Registration for the 2019-20 School Year

Preschool registration for the coming school year starts in January. Visit the Preschool pages of the Incarnation website for details. Registration packets for the 2019-20 school year are available for pick-up at the Preschool or Incarnation Office. Forms may also be downloaded from incarnationmn.org and submitted anytime. Call Kirsten Barie at 651-766-0723 for more information, to schedule a tour, or to have a packet mailed to you.

Ministry Opportunities, cont.

Preschool Open House

This event provides the opportunity for prospective enrolling families with preschool age children to tour the classrooms, explore learning stations, meet the teachers and ask questions. Contact Kirsten Barie, 651-766-0723 or kbarie@incarnationmn.org with questions.

When: Thursday, January 10, 5 - 6:30 p.m.

Camp Wapo and Ox Lake Registration Opens January 15 Online

You can begin registering for Camp Wapo and Ox Lake online on Tuesday, January 15! Incarnation's dates are:

Wapo One Day (currently in 1st - 2nd grade)

July 17; Cost: \$50.

Seeds (currently in 2nd-3rd grade)

July 12 - 14; Cost: \$175*.

Youth Camp (currently in grades 4th - 8th)

July 14 - 19; Cost: \$455.

Sr. High Camp (currently in grades 9th - 12th)

July 14 - 19; Cost: \$455.

Servant Leadership Program (currently in grades 9th - 12th)

July 14 - 19; Cost: \$455.

Fundraising opportunities and scholarships are available. Registration requires a \$100 (\$50) non-refundable, non-transferable deposit. Visit campwapo.org to register.

When: Registration begins Tuesday, January 15.

Brewed Theology

Brewed Theology is an opportunity for young adults (post-high school/pre-baby) to gather to talk about faith, life and the world. This gathering is open to anyone who is looking for a place to connect with other young adults and is interested in digging deeper into their faith. Meet at Starbucks at the intersection of Hwy 96 and Centerville Road. The only cost is for the food/drinks you purchase.

When: Sunday, January 20, 10:30 a.m. - 12:00 p.m.

Volunteer

Feed My Starving Children Monthly Packing Group in January

The monthly Incarnation packing group will assemble meals at Feed My Starving Children in Coon Rapids on Tuesday, January 8 from 6 - 7:30 p.m. Join the group and make your reservation by following the link at <https://incarnationmn.org/fmsc>. Children five and older are invited to pack with appropriate supervision detailed on the FMSC page of the Incarnation website.

When: January 8, 6 - 7:30 p.m.

Communion Prep Team

Additional Communion Prep Team members are needed to help prepare for services each week. Members will be scheduled on a rotation to serve several times over the year. If you are interested in being a part of this important ministry, please contact Amy Martell at amartell@incarnationmn.org or 651-484-7213 or Sue Katzke at sue17katzke@msn.com.

Meals on Wheels Drivers

Meals on Wheels is a program that delivers meals to seniors who are living independently. Based out of 3490 Lexington Ave. N in Shoreview and serving the Mounds View area, Incarnation is responsible for one Meals on Wheels route on Fridays beginning at 10:45 a.m. This is a fun, low time commitment opportunity to do with a friend, your children, or on your own. To volunteer, contact Barb Davis at 651-486-9360 or barbdaviskinoglu@gmail.com.

When: Fridays, beginning at 10:45 a.m.

Baptismal Hosts

Do you enjoy welcoming people into the Incarnation community? Incarnation is in need of baptismal hosts who can meet with families before the worship service, answer questions, and help them stay organized as they celebrate the promises made at baptism. Please contact Pastor Joel or the Incarnation Office if interested.

Generosity

Online Giving Update

Thank you for your generosity in 2018! A special thanks for those who completed a 2019 Commitment cards during the fall Stewardship Campaign. If you currently give electronically and have increased or need to make changes to your commitment, please remember to log into your account via the Incarnation website and make those adjustments for 2019. If you have any questions, please contact Amy Faymerville, Financial Secretary at afaymerville@incarnationmn.org or 651-484-7213.

Income & Expense Report as of November 2018

GENERAL FUND

	Actual YTD	Budgeted YTD	Difference
Gifts Received	\$1,524,687	\$1,705,804	(\$181,117)
Total Expenses	\$1,716,830	\$1,835,850	(\$119,020)
YTD Loss	(\$192,143)	(\$130,046)	(\$62,097)

CAPITAL CAMPAIGN

Beginning of the Month Balance	\$194,501
Net Income for Month	\$47,867
Total Expenses	(\$29,157)
Monthly Ending Balance	\$213,211

Congregational Business

Congregational Annual Meeting

There will be a congregational meeting on Sunday, January 27 at 12:15 p.m. in the Sanctuary. The meeting will be preceded by lunch in Grace Hall at 11:30 a.m. All confirmed youth and adult voting members are invited and encouraged to attend this meeting.

When: January 27 at 12:15 p.m.

Connect with Facebook

Become a fan of Incarnation's Facebook page (facebook.com/incarnationmn.org) to connect with Incarnation and others about ministry. Use Facebook's check-in function to let friends know you're at Incarnation for worship or other events; this tells people Incarnation is a place to check out!



Parking Lot Security

Parking lot security is an issue at Incarnation as it is in any public parking lot. Please lock your vehicle and do not leave anything visible inside your vehicle that might tempt a thief. Thank you for your vigilance.