



# INCARNATION LUTHERAN CHURCH

**OCTOBER 8, 2017. Welcome to Incarnation!** You are invited to be a part of any ministry opportunity. All events will be held at Incarnation unless otherwise noted. For more complete information about these listings, visit [incarnationmn.org](http://incarnationmn.org) and use the search function on the homepage. The website contains information on additional ministry offerings. You can also contact the Incarnation Office at 651-484-7213. If you are a guest who would like your child to experience SPARK Sunday School, visit the Children's Resource Center.

## Worship & Prayer

### Prayer Concerns

Max Halbur; MaeEtta Jarvis; Maren Badger; Carol Swanson's brother and sister; Bill Fitzsimmons' brother; Barb Bailey's brother; Lisa Boehm's sister; Scott and Sarah Steil's niece; Roger and Dede Mattison's niece; Larry and Viviane Valberg's grandson.

### Sympathy To

The family of Darlene Stensby on her death.

### Centering Prayer

Step out of the chaotic pace of life and refill your spirit by beginning your day with quiet guided prayer. No experience necessary.

When: Tuesdays, 7:30 - 8:00 a.m.

## Ministry Focus

### Solid Ground Winter Coat Drive - Last Day

Donate new or clean gently-used coats, boots, hats, gloves and scarves of all sizes. Please drop off winter wear in the Coat Drive Box located in the Atrium.

When: Today.

## Connect & Grow

### Dave Ramsey's FPU - Starts Today!

Craft a healthier and more fruitful financial future with Dave Ramsey's Financial Peace University (FPU) at Incarnation. Free childcare will be provided for children age eight and younger. Sign up in the Incarnation Office. Cost: \$89. Scholarships available.

When: Sundays, October 8 - December 3, 4 - 5:30 p.m.

### Kairos This Sunday: "Luther's Morning Star: Katharina von Bora"

Using her remarkable knowledge and skills while overcoming personal tragedies, Martin Luther's wife and partner, Katharina von Bora, made a significant contribution to the Reformation in her own way. Living into our Christian and Lutheran idea of vocation, we too can proclaim the gospel of Jesus Christ. Presenter, Pastor Janet Karvonen-Montgomery, recently spent time in Wittenberg and will share her story.

When: October 8, 8:45 a.m. & 10:05 a.m.

### Kairos Next Sunday: "Seven Ways to Look at Martin Luther and His Work"

We know Martin Luther as the prominent and fascinating reformer but we should also appreciate him as professor, pastor, public advisor, polemicist, family man, and confessor of the faith. Dr. Jane Haemig's presentation for Kairos will survey the life of Luther.

When: October 15, 8:45 a.m. & 10:05 a.m.

### Growing Through Loss

Have you experienced the death of a loved one, a broken relationship, a pregnancy or infant loss, a job loss or change, or any other loss that has left you grieving? Check out Growing Through Loss, a grief support series sponsored by the North Suburban Grief Support Coalition, which includes Incarnation. Hosted at Centennial United Methodist Church in Roseville.

When: Mondays, Now - October 23, 6:45 - 9:00 p.m.

### Goliath Must Fall Small Group for Young Adults

Connect with other young adults (post-high school/pre-baby) in a small group setting, while exploring Louie Giglio's, *Goliath Must Fall*. Suggested contribution: \$5. For more information or to register, contact: [kbloxham@incarnationmn.org](mailto:kbloxham@incarnationmn.org).

When: Once/week on Thursdays from 5:30 - 7:00 p.m., October 12 - November 16.

### How to Have Hard Conversations

Our relationships create community; but technology, complex family dynamics, and differing or divisive viewpoints can complicate how we talk and connect with people in our lives. Come explore practical tools for engaging with others in these complicated times. Register in the Incarnation Office by Monday, October 16.

When: Tuesdays, October 17 & 24, November 7 & 14, 7 - 8:30 p.m.

### Women Read: *The Secret Chord*

Women Read is a monthly opportunity for women who enjoy discussing a wide variety of books. For October, participants will discuss the novel *The Secret Chord* by Geraldine Brooks. All are welcome. No need to register.

When: Wednesday, October 18, 1 - 2:30 p.m.

### Brewed Theology

Brewed Theology is an opportunity for young adults (post-high school/pre-baby) to gather to talk about faith, life and the world. This gathering is open to anyone who is looking for a place to connect with other young adults and is interested in digging deeper into their faith. The only cost is for the food/drinks you purchase. Meet at Caribou Coffee/Bruegger's Bagels; Village Center, North Oaks.

When: Sunday, October 22, 10:00 a.m.

### Primetimers

Primetimers is a time of fellowship and learning for people ages 63 and older. In October, spiritual director Dan Johnson will present on different ways we notice and respond to God's grace in our lives. Cost: \$4, includes lunch. Sign up in the Incarnation Office by October 23.

When: Thursday, October 26, 10:30 a.m. - 12:30 p.m.

### Discover Incarnation

Discover Incarnation is offered for anyone who wants to learn more about Incarnation's mission, vision, and values, and is required for those who wish to step into membership. Childcare is available for those who make an advanced registration. Registration is due by 4:30 p.m. October 25.

When: Saturday, October 28, 8:30 a.m. - 12:00 p.m.

## Ministry Opportunities, cont.

### Men's Faith and Fitness

Men of all fitness levels: get stronger with personal trainer, Shannon Rainey, using a variety of resistance methods. Try a free session! Sign up in the Incarnation Office. Cost: \$60/four sessions or \$20/drop in rate. Devotions at 9:30 a.m. Class from 9:45 - 11:00 a.m. in Incarnation Hall. When: Fridays, now - October 27.

### Connecting in Grace: Filled by God's Grace - New Small Groups

Connect with others and deepen your faith in a once-a-month small group! Explore values at the heart of faith-filled living: hunger for God, love and grace, relationships, discovery, generosity, serving others, physical hunger, and living a life of worship. Groups meet on a variety of days and times starting in October. Stop at the Information Center today or check the Incarnation website (search: new small groups). Suggested contribution: \$10. Register at [dfloe@incarnationmn.org](mailto:dfloe@incarnationmn.org).

### Small Groups for Men

Start your week by connecting with God! Join a group led by Tim Gray on Monday mornings (6:30 - 7:30 a.m. for ages 40-60) or Steve Dorr and Gary Moen on Monday evenings (7 - 8:30 p.m. for men of all ages). Stop at the Information Center this morning or check the Incarnation website (search: new small groups). Register at: [dfloe@incarnationmn.org](mailto:dfloe@incarnationmn.org).

When: Monday mornings (6:30 - 7:30 a.m. for ages 40 - 60) and evenings (7 - 8:30 p.m. for men of all ages).

## Children, Youth & Family

### FLAME Youth Group

Wednesdays during the school year 9th - 12th grade students gather in the Youth Room for a time of fellowship, games, worship, Bible Study and prayer. This is a great way to stay connected to Incarnation after Confirmation, meet new people, ask questions and grow in your faith.

When: October 11, 7 - 8:30 p.m.

### Maker Fall Festival

Come to Incarnation for Maker Fall Festival where families enjoy hands-on experiences, crafts, and dinner, all while learning you are a masterpiece created by God. Register by October 9 in the Incarnation Office. After October 9, you will be placed on a wait list. Cost: \$15/family.

When: October 13, 5:30 - 7:30 p.m.

### "Calm the Parent Storm!"

Come and learn tips and tools from a Christian parenting perspective to address unwanted behaviors while staying connected with your child. Hear practical strategies to keep your own calm as you guide your children (and yourself) through even tough times of parenting. Cost: \$15 (childcare included - please sign up for childcare if needed). Register by Wednesday, October 18.

When: Tuesday, October 24, 6:30 - 8:00 pm

### IGNITE 5-8 Haunted Hayride

5th - 8th grade students and their friends are invited to meet at Incarnation and then head to Pinehaven Farm in Wyoming, MN for a haunted hayride and haunted house. Cost: \$45 - includes a "fast pass" admission to all the attractions and bus transportation. Register by Monday, October 23 in the Incarnation Office.

When: October 27, 6 - 9:00 p.m.

### FLAME Fellowship Event: Outdoor Movie at Incarnation

Meet outside Door 6 at Incarnation for a movie on the 'big screen'! Come for popcorn, s'mores, hotdogs and more! Bring a blanket and dress for the weather. This is a free event for all high school students. Sign up in the Incarnation Office by Wednesday, October 25.

When: Friday, October 27, 7- 9:00 p.m.

### Wednesday Morning Small Group for Moms

Connect with other moms in a small group led by Stefanie Straka. This group will connect, twice a month, around a faith study on God's love and how to live out God's love in our friendships with others. Suggested contribution: \$10. Register: [dfloe@incarnationmn.org](mailto:dfloe@incarnationmn.org)

When: Twice/month on Wednesdays, 9:30 - 11:00 a.m., October - January.

### Short-Term Small Group for Moms

Try a small group without making a long-term commitment! This small group will meet from mid-October to mid-November, in just four weekly gatherings. Led by Sonya Wilson, the group is a chance to see how God is present in the ordinary moments of life. Suggested contribution: \$5. Register: [dfloe@incarnationmn.org](mailto:dfloe@incarnationmn.org)

When: Once/week on Thursdays, 7 - 8:30 p.m., October - November.

## Volunteer

### Disaster Relief

Gifts to Lutheran Disaster Response, designated for recent natural disasters will be 100% used for these disasters until the response is complete. Give to support this response and others like it. Make checks to Incarnation with "Lutheran Disaster Response" in the memo.

## Congregational Business

### Volunteer Appreciation Event - November 1

Come for an evening of dinner and music by Robert Robinson, at the 2017 Volunteer Appreciation Event. This is Incarnation's staff and Congregation Council's chance to say "thank you" for giving so generously of your time and abilities through the ministries of Incarnation. ALL who have volunteered their time in support of ministries through Incarnation, currently or during the last year, are invited to be a part of this event. Thank you to the Endowment Fund for the generous gift that makes this event possible. Sign up online at [incarnationmn.org/rsvp](http://incarnationmn.org/rsvp) or in the Incarnation Office by October 25.

When: Wednesday, November 1, 6 - 7:30 p.m.

### Commitment Sunday

On Sunday, October 29, all members and friends of Incarnation will have the opportunity to make their financial commitment to support Incarnation's ministry in 2018. When you arrive on that day, you will pick up your pledge card. You're asked to complete that card during worship and return it as the offering is collected. If for some reason you are unable to attend that day or do not complete your pledge card in worship, your pledge materials will be a part of the movement of the green bags or mail system that has been used in previous years.

When: October 29, all worship services.

### Accounting Position

Incarnation is seeking someone with accounting experience to work as a part-time accountant. This is an hourly position for 25-28 hours per week with pro-rated benefits. For more information contact Kathy Kalsow at [kkalsow@incarnationmn.org](mailto:kkalsow@incarnationmn.org).