



Help Us Welcome New Families to LifeHaven with a Welcome Basket!

Mothers and their children often have little or nothing with them when they arrive at LifeHaven. Almost all the moms come into LifeHaven needing help to meet their basic needs until they get on their feet. This is why we like to offer them a Welcome Basket when they move in.

The baskets are our way of providing needed items and saying "Welcome to your new home. We care about you and are here to support you." You can help us welcome new moms and their children by donating a Welcome Basket! Items included in a Welcome Basket are listed below. We request that only new and full sized items be included in the baskets.

For the Mother

Laundry basket
(this is also used to hold all of the items)
Twin sheet set and pillow
1 bath towel
1 hand towel
2 wash cloths
Bath soap and body wash
Body lotion
Toothbrush and toothpaste
Dental floss
Deodorant
1 box of tampons or pads
Razor and shaving cream
Shea Moisture shampoo and conditioner
Coconut or Argan oil styling gel/grease
Wide tooth or rat tail comb
Soft bristle brush
Satin bonnet or scarf
Pajama set (various sizes needed)
Socks and/or slippers
\$10 Cub foods gift card

For her Child

Crib sheet
2 baby bath towels
1 pack of baby wash cloths
1 pack of diapers
(sizes needed are 2, 3, 4, 5 and 6)
1 pack of baby wipes
Baby bath
Baby shampoo
Baby lotion
Small fingernail clipper
2 new sippy cups or bottles
2 Pajama sets (sizes NB to 3T)
1 outfit (sizes NB to 3T)
2 books to read with mom at bedtime
(ages birth to 3)
Stuffed animal
Teething ring or small toy

Thank you for supporting young families at LifeHaven! Your loving generosity strengthens young moms as they make lasting change in their lives and communities.

Suggested Hair Products for LifeHaven youth

Type of Product	Product Option #1	Product Option #2	Product Option #3	Locations Products are Found
Shampoo	<i>Shea Moisture</i> (Any Version)	<i>Carol's Daughter</i> (Any Version)	<i>Mixed Chicks</i> (Clarifying Shampoo)	Sally's Beauty Supply, Target, Wal-Mart, CVS, Walgreens
Conditioner	<i>Shea Moisture</i> (Any Version)	<i>Carol's Daughter</i> (Any Version)	<i>As I Am</i> (Leave-In Conditioner)	Sally's Beauty Supply, Target, Wal-Mart, CVS, Walgreens
Leave-In Conditioner	<i>Cantu</i> (Leave-In Conditioner)	<i>Kinky Curly</i> (Knot Today Natural Leave-In Detangler)	<i>Mixed Chicks</i> (Leave-In Conditioner)	Sally's Beauty Supply, Target, Wal-Mart, CVS, Walgreens
Moisturizer	<i>Alikay Naturals</i> (Shea Yogurt Hair Moisturizer)	<i>TGIN</i> (Butter Cream Daily Moisturizer)	<i>Crème of Nature</i> (Curl Hydrating Buttercreme)	Sally's Beauty Supply, Target, Wal-Mart, CVS, Walgreens
Styler (Curl Enhancer)	<i>Shea Moisture</i> (Coconut & Hibiscus Curl Enhancing Smoothie)	<i>Kinky Curly</i> (Curling Custard)	<i>Eden BodyWorks</i> (Coconut Shea Curl Defining Crème)	Sally's Beauty Supply, Target, Wal-Mart, CVS, Walgreens
Sealant (Oil, Pomade, or Butter)	100% Coconut Oil	100% Jojoba oil	100% Argan Oil	Whole Foods, Trader Joe's, Target, Wal-Mart, CVS, Walgreens
Co-Wash	<i>Cantu Natural</i> (Complete Conditioning Co-Wash)	<i>As I Am</i> (Coconut Co-Wash Cleansing Conditioner)	<i>Crème of Nature</i> (Pure-Licious Co-Wash Cleansing Conditioner)	Sally's Beauty Supply, Target, Wal-Mart, CVS, Walgreens
Deep Conditioner/Hair Mask	<i>Eden BodyWorks</i> (Jojoba Monoi Deep Conditioner)	<i>TGIN</i> (Honey Miracle Hair Mask Deep Conditioner)	<i>Mixed Chicks</i> (Deep Conditioner)	Sally's Beauty Supply, Target, Wal-Mart, CVS, Walgreens
Styler (Gels/Edge Control)	<i>Eco Styler</i> (Moroccan Argan Oil Styling Gel)	<i>Organic Root Stimulator</i> (Olive Oil Edge Control)	<i>Ampro</i> (Protein Styling Gel)	Sally's Beauty Supply, Target, Wal-Mart, CVS, Walgreens

Tools:

- Wide Tooth Combs, Rat-tail combs, Satin Bonnets/Scarves, Small Spray bottles, Soft Bristle Brush, Nonmetal hair ties/Elastics, Bobby pins (Black)
(Available at Sally's Beauty Supply, Target, Wal-Mart, Walgreens or CVS)